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2019

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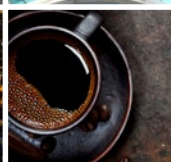
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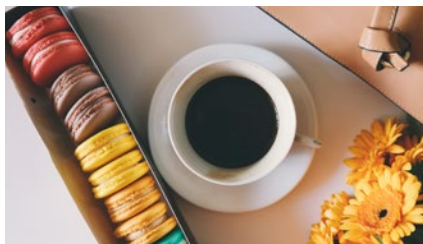
EVENT CALENDER IN SEP & OCT 2019

✧ Penang Coffee & Desserts Festival 2019

20 Sep 2019 - 22 Sep 2019

The much-anticipated Penang Coffee & Desserts Festival (PCDF) will be returning with a bang for its 6th edition, in conjunction with the inaugural Penang Coffee Festival! Come and indulge in the aromatic coffee and get your sweet tooth fixed with the colourful desserts.

Location : Gurney Paragon Mall



✧ Navratri Festival

29 Sep 2019 - 08 Oct 2019

The Navratri Festival is a Hindu religious festival similar to the famous Chinese Nine Emperor Gods Celebration. For 9 days, devotees pray to the Goddess Thurda, Goddess Laxmi and Goddess Sarawathy in hopes of power, wealth and education. Chariot processions also take place on the final days of festival.



✧ Penang RendezVous

04 Oct 2019 - 06 Oct 2019

The Penang RendezVous offers you a luxury lifestyle experience in a marine environment encompassing cars, art, fashion, entertainment and food with an interactive approach. Visitors can expect one-of-a-kind experiences – from yachts, classic cars and supercars to high-end properties, art, fine wines and gastronomy.

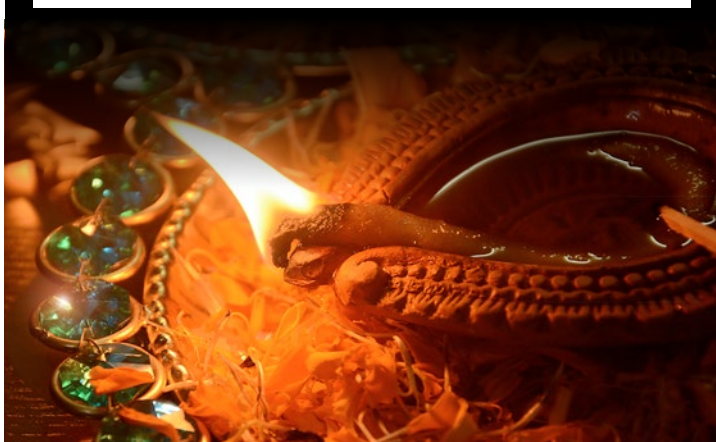
Location : Straits Quay Marina



✧ Deepavali

27 Oct 2019

This colorful festival is also known as "The Festival of Lights" and is celebrated by the Hindus. Oil lamps are lit and decorated in their homes on Deepavali morning as a way of thanking the gods for happiness, knowledge, peace and wealth. Many cultural performances and activities will take place and also delicious cuisine will be served during the celebration.



✧ Nine Emperor Gods Festival

28 Sep 2019 - 07 Oct 2019

The Nine Emperor Gods Festival (Kew Ong Yeah) is celebrated on the 1st till the 9th day of the ninth month in the lunar calendar. It is celebrated for the spirits of the Nine Gods to descend upon earth by possessing spirit mediums and putting them in a trance. Throughout this festival, many rituals such as skewering and fire walking ceremonies are carried out. Devotees also practice vegetarian diet for the nine days. On the last day, the Gods are sent off through a procession leading to the sea on an "Emperor Boat" accompanied by many other colourful floats.



For further event information, please visit the website inpenang.com/listing-form, scan the QR code or email inpenang@chtnetwork.com for any enquiries.

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216 Macalister Road, 10400 Penang.

• t: 604-227 2222 • f: 604-227 2522 • Open: Daily 9am-9pm

144-G & H Burmah Road, 10050 Penang.

• t: 604-228 1077 • Open: Daily 9am-7pm

Lot G-15, Ground Floor, Sunshine Farlin Shopping Mall,
Jalan Thean Teik, Bandar Baru Air Itam, 11500 Penang.

• t: 604-829 3657 • Open: Mon-Thu 12noon-10pm, Fri-Sun 10am-10pm

Kuala Lumpur, Malaysia
Lot 10 Shopping Centre, Hutong, LG Floor, Lot H12,
50, Jalan Sultan Ismail, 50250 Kuala Lumpur.

• m: 6017-267 0007 • Open: Daily 10am-10pm

Malacca, Malaysia
17 Jonker Street, 75200 Malacca.
UNESCO World Cultural Heritage Site

• t: 606-282 9917 • f: 606-282 9915 • Open: Mon-Thu 9am-6pm, Fri-Sun 9am-10pm

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MAP 2-1

MAP 3-1

☎ gheehiangpg • www.ghee-hiang.com • info@ghee-hiang.com

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EVENT CALENDER IN OCT & NOV 2019

✧ Halloween Party

26 Oct 2019

Dare yourselves to the freakiest Halloween at the tallest building in Penang! The Top Penang celebrates Halloween with decorations, parties, candies, costumes and trick-or-treating. A series of performances and activities will make your Halloween night a memorable one.

Location : **The Top @ KOMTAR**



✧ Literary Festival

21 Nov 2019 - 24 Nov 2019

The George Town Literary Festival is the largest international literary festival in Malaysia. GTLF focuses on world literature and believes in the power of free speech and expression and is committed to being one of the most urgent, vital and provocative literary festivals in the region.



✧ Bagan Festival

16 Sep 2019

Bagan Festival @ Butterworth Art Walk is inspired through Car Free evening aimed at reducing the use of cars on roads. To bring the community closer to local arts and culture, Bagan Festival celebrates Festival of Lights - Deepavali.



✧ The Death and Life of Hokkien Cultural Exhibition

09 Nov 2019 - 09 Feb 2020

Hokkien is spoken by two and a half times the population of Sweden. While the Swedish language faces no threat of extinction, Hokkien is set to vanish. This is an exhibition about Hokkien, and the factors that are driving it into endangerment. You will see old scripts written in southern Chinese languages for the first time in Malaysia. Penangites and visitors can enjoy the festival at various locations such as Butterworth, Bukit Mertajam, Nibong Tebal and Kepala Batas.

Location : **The Top @ KOMTAR**



✧ Penang Bridge International Marathon

24 Nov 2019

The Penang Bridge International Marathon is an international running event catered to all from young to old and leisure to serious runners. The event is now in its ninth year and will be held at the Penang Bridge. The Penang Bridge International Marathon is the biggest running event in Malaysia and has been listed in the Malaysia Book of Records for four consecutive years.



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www.winterwarmers.my/

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THE TOP PENANG

PENANG'S HIGHEST ICONIC ENTERTAINMENT TOWER

10 BEST RECOMMENDED MUST-DO THINGS IN PENANG



1 The Rainbow Skywalk

Located at 816-feet above sea level, the Rainbow Skywalk at The Top Penang is World's First Curved Skywalk offering its guests a majestic 360-degree panoramic view of the Pearl of the Orient, Penang. Guests will get to enjoy the beautiful cityscape sceneries to the emerald green sea view around the island leading to the eye-pleasing lush greeneries on the hill range.



2 Jurassic Research Center

Tucked in the heart of Georgetown Heritage City Centre is Malaysia's Largest Dinosaur Park that offers an interactive 'live' laboratory with exhibition of more than 200 types of pre-historic dinosaur specimens, eggs together with its fossils.



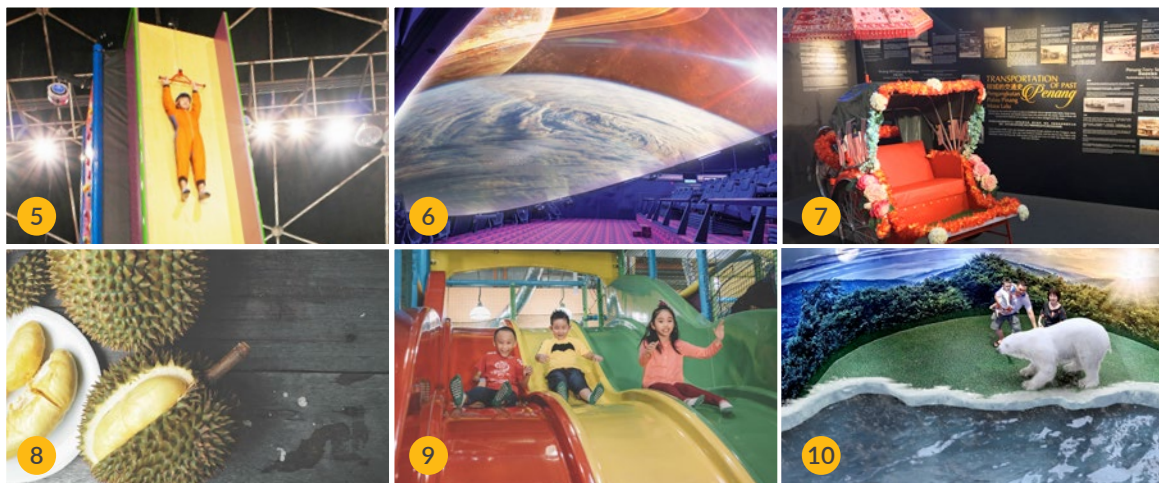
3 Top Boutique Aquarium

Spanning across 30,000 square-feet in size, visitors to Top Boutique Aquarium will surely be awed with the marine lives exhibited in this attraction. Grab the opportunity to witness the action-packed live-feeding sessions of World's Largest Freshwater Fish-Arapaima, the meat-eating cousins of the Piranhas-Red Belly Pacu, the tropical ocean fish-Moray Eel, and the famous clown fish or known as "Nemo" and other ornamental fish.



4 The Gravityz

At a height of about 760-feet above sea level, take on the World's Highest Rope Course by walking on the edge of Penang's Iconic Landmark, The Top Penang. Standing on a 3-feet in width robust metal platform and strapped with certified safety harness, conquer the fear of heights in you by completing a few challenging tasks all within 30 minutes. Earn a digital certificate at the end of the challenge and brag about your experience to all your friends.



5. Tech Dome Penang

Bring your child or unleash the child in you by visiting Penang's First Ever Science Centre which houses more than 120 interactive Technological exhibits. Be sure to take on the G-Drop Challenge, the World's First Free-Standing Vertical Slide to experience seven metres drop clocking a speed from 30 – 40 km per hour.

6. 7D Discovery Motion Theatre

Hold on tight to your seat! We will transport you to the 'future' in our state-of-the-art 7Dimension multi-sensory interactive ride.

7. Penang State Gallery

Take a walk-through to Penang's history and learn how this former British Colonial land is transformed to a world renowned destination highly recommended by Lonely Planet, CNN, TripAdvisor and many other tourists.

8. Durian the King of Fruits

While it's like a 'Love' and 'Hate' relationship, Durian the King of Fruits is one of the most eaten fruits not only in Penang, but it has also been widely exported to the ASEAN countries. To understand why this fruit has an acquired taste compared to other fruits, visit Durian, The King of Fruits Museum today!

• Ticket rates as below

• Annual Pass :

Adult : **RM180**

Child / Senior Citizen : **RM90**

• Full Day Fun Pass :

Mykad : Adult : **RM78**

Child / Senior Citizen : **RM48**

Non-Mykad : Adult : **RM99**

Child / Senior Citizen : **RM58**

9. Dino Gym Theatre

Especially build to encourage fun learning amongst children, Dino Gym is a playland not to be missed by any children. The place offers a variety of fun activities including a venue to celebrate birthdays and special occasions.

10. ARV Augmented Reality

Be up - close and personal with some wild beasts when you venture into the virtual Animal Kingdom. Stand and play with the 8-feet in height polar bears, ride on the rhinos or witness the playful penguins before your eyes.




A circular inset in the upper right corner of the page shows a close-up of several mooncakes. Two whole mooncakes with intricate patterns on their tops are visible, along with a pile of almonds. In the foreground, a blue ceramic plate holds several triangular slices of mooncakes, revealing their soft, yellowish-orange filling. The background of the entire page features a dark, repeating geometric pattern of interlocking hexagons.

FESTIVAL

中秋节

THE MID-AUTUMN FESTIVAL

One of the biggest perks of living in Penang is being able to experience the diversity of festivals and cultural activities from different races. The Mid-Autumn Festival, or commonly known as the Mooncake Festival, is one of the biggest Chinese celebrations all over the globe. This festival falls on the end of September or early October annually and is believed to have originated from an ancient sacrificial ceremony to thank the Moon Goddess for a good year's end harvest. Moreover, it is an occasion where family and friends would get together to celebrate.



A popular delicacy during the Mid-Autumn Festival is the mooncake. Traditionally filled with sweet-tasting bean paste, it is a treat not to be missed! It is shaped as the moon because the Chinese would use it to worship the moon. During this festival you will also see many children running around with colourful lanterns of different shapes and sizes. Traditionally paper lanterns were lit by candlelight, but today you are more likely to see plastic versions with battery-powered lights and sound.

A Time for Reunion

The **Moon Cake** is the special food of Mid-Autumn Festival. On that day, people sacrifice moon cakes to the moon as an offering and eat them to celebration. Moon cakes come in various flavors according to the region. The moon cakes are round, symbolizing the reunion of a family, so it is easy to understand how the eating of moon cakes under the round moon can evoke longing for distant relatives and friends. Nowadays, people present moon cakes to relatives and friends to wish them a long and happy life.



Lanterns as a Way to Increase the Festive Mood

The original purpose of the use of lanterns during the Mid-Autumn Festival is a little more difficult to determine. It is possible that lanterns were simply used for the purpose of increasing the festive mood of the celebration, and did not have mythological connections.

Nevertheless, over time, lanterns have become an important feature of the Mid-Autumn Festival, and people today, especially children, enjoy playing with lanterns during this festival.

THE PENANG INTERNATIONAL DRAGON BOAT FESTIVAL

In conjunction with the Penang International Dragon Boat Festival (PIDBF) 2019 and fully supported by the Penang State Government, teams from all around the globe have been invited to participate in the highly anticipated annual Dragon Boat Regatta. Competitors mainly come from South East Asian countries, including Singapore, Hong Kong and China. Dragon boats will line the waters of the Teluk Bahang Dam on the 7th and 8th December 2019 and visitors can expect a wide range of fun activities during the day fit for all ages!

Dragon boating is a tradition and an essential part of Penang culture. It is crucial that this heritage lives on and is passed down to the generations to come. Traditionally made in the Pearl River Delta region of China's southern Guangdong Province, these traditional paddled long boats can be found throughout Asia. Back in the days, dragon boat races were held as part of the annual Duanwu Festival. The ancient game then made its way to Penang in the late 90's and gradually became an annual festival that held significant historical importance to the island.

On the day, there will also be a large variety of local food and delicacies on sale and an exciting line-up of entertaining performances! The Dragon Boat Regatta is an eye-opening experience highly favoured by both the local and international crowd. Whether you are an avid water sports lover or just looking to catch a glimpse of these beautiful dragon boats, do not miss out on this legendary festival! This is a great time to witness the colourful and delicately designed dragon boats cruise the waters of Penang!



2019

PENANG INTERNATIONAL DRAGON BOAT FESTIVAL

7 & 8 December 2019
9am - 5pm | Teluk Bahang Dam

Register online at <https://penangdragonboat.petach.gov.my/pidbf2019>



Penang International Dragon Boat Festival Committee - Level 52, KOMTAR, 10503 George Town, Penang, Malaysia.

T: 04-650 5133 / 261 9888 | F: 04-261 8706 | FB: Penang International Dragon Boat Festival | E: secretarypidbf@hotmail.com



EXPERIENCE PENANG LIKE NEVER BEFORE IN THE FIRST-EVER

Penang Asian Food & Culture Festival

Feast on popular Asian cuisines and enjoy exciting cultural activities right here in Penang, the food capital of Asia!

Your taste buds are in for a treat at the first-ever Penang Asian Food & Culture Festival, featuring authentic Asian cuisines and cultural experiences from five different countries over three days in Penang from 13 to 15 September 2019.

The Penang Asian Food & Culture Festival will kick off simultaneously at five different shopping malls where each venue will showcase a different country. The respective culture and cuisine featured at these venues are South Korean at Queensbay Mall, Chinese at Gurney Plaza, Japanese at Gurney Paragon, Thai at 1st Avenue and Indonesian at Sunway Carnival Mall. At each of these malls, an interactive pop-up stage will be set up for festival goers to feast and experience the particular country's authentic food and culture comprising popular food by selected F&B outlets and brands from its origin, view cultural performances and art installations as well as participate in culinary activities, games, live cooking demonstrations and workshops.

Never-tried-before food from these countries will also debut at the festival – Choripdong Hurricane Noodles from South Korea (a popular instant noodle with both topokki and noodles inside); a self-stirring hot pot from China; Japan's iconic Tokyo Banana; and Indomie Burger giving both Penangites and tourists a chance to try them for the very first time.

Those who love taking food shots can put their photography skills to the test by taking part in the Penang Asian Food & Culture Festival Instagram Contest. All they need to do is take a snapshot of their favoured food during the festival and

For more details, visit www.penangafcf.com or Penang Asian Food & Culture Festival on Facebook.



Asian Food & Culture Festival

EXPERIENCE PENANG, TASTE ASIA

13 • 15 **SEPT** **2019** | **1** **am** • **1** **pm**

Indulge in authentic food and culture from five different countries at the first-ever Penang Asian Food & Culture Festival! Get to know Asia's diverse cultures as it kicks off simultaneously over three days at Penang's premier shopping malls.



GURNEY PARAGON

Japan



1ST AVENUE

Thailand



GURNEY PLAZA

China



SUNWAY CARNIVAL MALL

Indonesia



QUEENSBAY MALL

South Korea

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A THREE-WHEELED TOUR AROUND GEORGETOWN

Before modern fancy vehicles took over the roads of Penang Island, the three-wheeled vehicle, also known as the 'trishaw' or 'beca' in Malay, was a popular type of transport back in the 1940s when Penang Island was still a small fishing village. Today, the number of trishaws in George Town has largely reduced and is now a part of the island's living heritage.

It is easy to get in a car and speed through the streets of Penang, yet we lose the pleasure of being able to enjoy the city's beauty at a slower pace. Do try out the trishaw rides! Even though they might be slow, but it helps one see the subliminally neglected corners of this intricate yet beautiful town.

The trishaws in Penang differ from the ones seen in Malacca and Singapore. The driver's seat of trishaws in Penang is mounted at the back of the passenger, providing the best view to the people sitting in front. In Singapore, the passenger's seat is placed right next to the driver. This shows how a similar thing can be shaped differently depending on location because every society has its own individual uniqueness. There are over 200 trishaws left in Penang today and is of high demand among tourists. You do not have to worry about missing a shot of your favourite place again because you can stop the trishaw anytime you please!

It is not hard to locate the trishaw services in Penang. Trishaw men can be found outside Cititel Hotel and along Penang road almost every day. They offer their services from 8am onwards until around 9pm. Thus, you are able to enjoy both the day and night scene at the heart of this beautiful island. Come ride in one of the oldest vehicles in Penang and be dazzled by this amazing experience!



© Photo by Anovia Bridal



Miss Asia Global

Malaysia 2019 / 2020

Intelligent Beauty

National Final
Penang



Hotel Equatorial
Penang, Malaysia

20 Oct 2019
Sunday | 7.30pm



Scan To Register



More Information



IPENANG BEST GUIDE

BEST COFFEE 2019

Calling all coffee lovers! No matter which corner you turn in Penang, there is bound to be a cute cafe or 'kopitiam' serving up coffee! Every place has their own unique spin on the same cup of coffee, be it a latte or cappuccino! There are also some interesting coffees that are not just delicious, but visually appealing and would totally make a good instagram photo! To get you started, here are our 5 coffee winners that we totally recommend you try out!

**the winning restaurants are listed in alphabetical order.*



Best Seaview Specialty Cafe In Penang

Arabica Estate Specialty Cafe is located at one of the best hang out spot in Penang Island: Karpal Singh Drive. You can enjoy specialty grade coffee freshly roasted by our Arabica Estate Master Roaster.

At Arabica Estate Specialty Cafe Karpal Singh Drive you can enjoy Handcrafted Specialty Coffee, American & British Breakfast, Authentic Italian Cuisines and Scrumptious Desserts while overseeing the spectacular Penang Bridge and Penang Sea View!

Do not miss out the best sea view Specialty Cafe in Penang: Arabica Estate Specialty Cafe Karpal Singh Drive!

Must try items:

1. Baller Koffeez Series
2. Romeo & Juliet
3. Seafood Platter
4. Authentic Italian Pizza
5. Gourmet Waffle Series



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ARABICA ESTATE SPECIALTY CAFE @ KARPAL SINGH DRIVE, PENANG
29D-3-3A & 29D-3-5 Automall, Persiaran Karpal Singh Jelutong, 11600, Penang, Malaysia



Passion One Baller Koffeez



Combo Seafood Platter



Romeo



COFFEE ON THE TABLE

BREWING PLEASURES

Situated on the busy Beach Street in the heart of Penang Island lies a little gem not to be missed! iNPenang Best Coffee Award Winner, Coffee On The Table, produces the most gorgeous and unique 3D latte art with foam! Even though you can't choose your favourite character, but that's what makes it even more special! Leaving customers in anticipation with each order, this cafe attracts customers across all ages. Little ones would often squeal in delight when they see the cute 3D latte art character making its way to their table!

Not only does the coffee taste amazing, you will also be able to take a lovely photo to upload onto Instagram! Moreover, Coffee On The Table offers a savoury menu bound to satisfy your taste buds with its delicious dishes! So what are you waiting for? Bring your friends and family and head down for a great time at this exquisite café!

📍 164, Lebuhr Pantai, 10200 George Town, Penang. **MAP2-18**

🕒 9.00 am - 7.00 pm daily

☎ 04-262 2611

🌐 www.facebook.com/CoffeeOnTheTable



COFFEESMITH

FRESH BREW ONLY

Located at Maritime Piazza at Karpal Singh Drive, Coffee Smith is a comfortable and popular café serving up the most lip-smacking delicious coffee, food and desserts. Coffee Smith was established 5 years ago and owns their own coffee farm in Indonesia, roasting and providing top quality coffee beans. These coffee beans are used to brew the coffee at Coffee Smith, with the signature drink being the Smith Coffee, and gives that unique touch of brilliance to the coffee here that cannot be found anywhere else. Coffee Smith uses their signature Pinarello Blend, an Italian-style comprehensive formula bean, which is certified by The International Coffee Tasting Asia 2013 and won the Golden Cup Medal. Moreover, the coffee roaster is internationally recognised. If you are looking for a place to relax and catchup with dear ones, head over to Coffee Smith now! Nothing beats a good gathering over delicious coffee and food!

📍 29C-01-11, Maritime Piazza, Lebuhr Sungai Pinang 5, George Town, 11600 Jelutong, Pulau Pinang. **MAP3-11**

🕒 Sun to Thurs 11am-12am ; Fri & Sat 11am-1am

☎ 04-291 7448

🌐 www.facebook.com/coffeesmithpg

🌐 www.coffeesmith.com.my



IPENANG BEST GUIDE



Macallum Connoisseurs Coffee Company consist of 4 components: the cafe, roastery, supply and academy. Macallum Connoisseurs Coffee Company is named after the local street name Macallum which the locals named as 五条路. We adopted the name is to symbolise that we are local Penangites that embrace the local Penang heritage and we local Penangites are able to serve speciality coffee. The idea is simple – to be the standard Hub where we gather people who genuinely love coffee, and the people who wanted to know more about coffee, and we can all share, at the same time grow together; and the Concept – a transparent platform where we could showcase everything, from beans to coffee, and from a beginner to a certified barista. All of our coffee are roasted in-house and our signature food are like our aglio olio and smoked duck breast.

- 📍 Macallum Connoisseurs Coffee Co.
1, Gat Lebu Macallum, 10300 Georgetown Penang. **MAP2-17**
- 🕒 Sun to Thurs 11am-12am ; Fri & Sat 11am-1am
- ☎ 04-2613597 / 011-12591459
- 🌐 www.facebook.com/Macallum
- 🌐 www.macallumcoffee.com



San Francisco Coffee (SF Coffee) is a coffee company founded in 1997 with a simple, yet noble mission of serving the best coffee in town. Fast forward to today they've stuck to their guns, still brewing the good brew and giving the population its fix. SF Coffee is one of the few American-style coffee chains who buy a wide range of ultra premium coffees from all over the world and roast them locally coupled with strict freshness standards. SF Coffee aspires to be your "Mood Modulator", having stores that offer multi sensory experiences through sights, smells, taste, touch and sounds.

- 📍 GURNEY PLAZA **MAP2-21**
Lot 170-G-40, Plaza Gurney, Persiaran Gurney, 10250 Penang.
🕒 8.00 am - 12.00 am daily ☎ 03-9520 1111
 - 📍 JURU AUTO CITY
1808-1809E, Jalan Perusahaan, Auto-City North-South Highway Juru Interchange, 13600 Prai, Penang.
🕒 8.00 am - 12.00 am daily ☎ 04-502 5132
 - 📍 THE PRESTIGE **MAP2-19**
Retail Lot No. 7, The Prestige, Church Street Ghaut, 10300 Penang.
🕒 8.00 am - 11.00 pm daily ☎ 04-217 0800
- 🌐 www.facebook.com/sfcoffee 🌐 www.sfcoffee.com





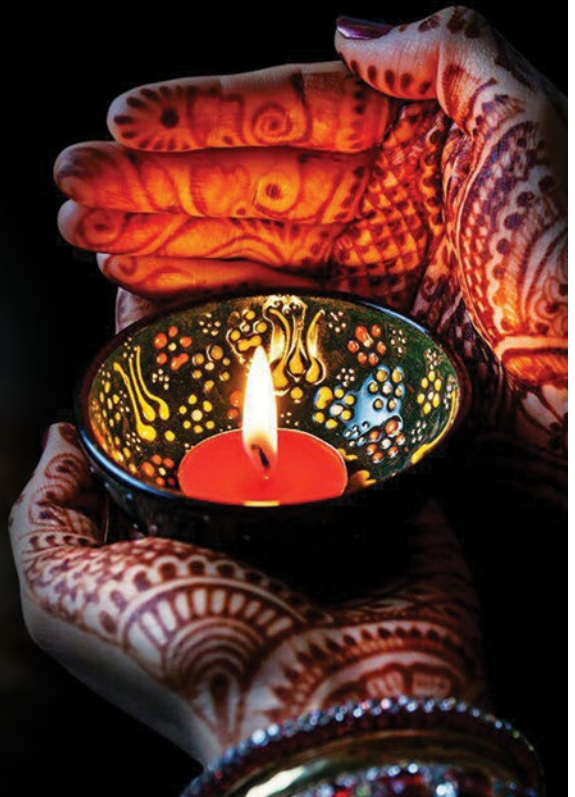
FALL ALL OVER AGAIN

Café

AU LAIT · MOCHA · VANILLA
HAZELNUT · COCONUT

Rekindle your taste for
single origin brew and our
delicious classic chocolate,
vanilla & hazelnut flavors.
Or be adventurous
with coconut.

*Available from 9th September - 3rd November 2019. All visuals are for illustration purposes only.



FOOD

TRADITIONAL SOUTHEAST ASIAN DESSERT

Uyonya Kuihs

There are way too many kuih to choose from! What is kuih? Kuih refers to sweet or savoury bite-sized desserts in Southeast Asia. Vibrant in colour and unique in taste, every piece delivers bursts of flavour!

Kuih is made from tapioca, glutinous rice or rice flour which are then steamed, baked or sometimes grilled. There are no fixed recipes or ways to making these kuih. Due to the different cultures and races in Malaysia, every family has their own kuih-making methods. These lovely little pockets of flavour can be enjoyed as a snack or anytime really, as long as you yearn it, you eat it!

9

明佳糕

KUIH BENGGKAH

6

達南糕

KUIH TALAM

3

九層糕

KUIH LAPIS

1

五彩發糕

RAINBOW HUAT KUIH

4

碗仔糕

KUIH KOSUI

5

蘿卜糕

KUIH LOBAK PUTIH

2

燕彩糕

KUIH AGAR AGAR

8

紅豆糕

KUIH KACANG MERAH

7

斯里慕佳糕

KUIH SERI MUKA

10 發糕
HUAT KUIH

13 豆峇糕
TAO BA KUIH

15 椰絲青龜糕
GREEN ANG KU KUIH

● 椰絲糕
KUIH KOCHI

14 素蝦米糕
KUIH REMPAH UDANG

11 木薯糕
KUIH UBI KAYU

16 紅龜糕
ANG KU KUIH

17 佳椰糕
KUIH KAYA

© Photo by Weehong Kuih & Biskut Centre

History of Nyonya / Peranakan

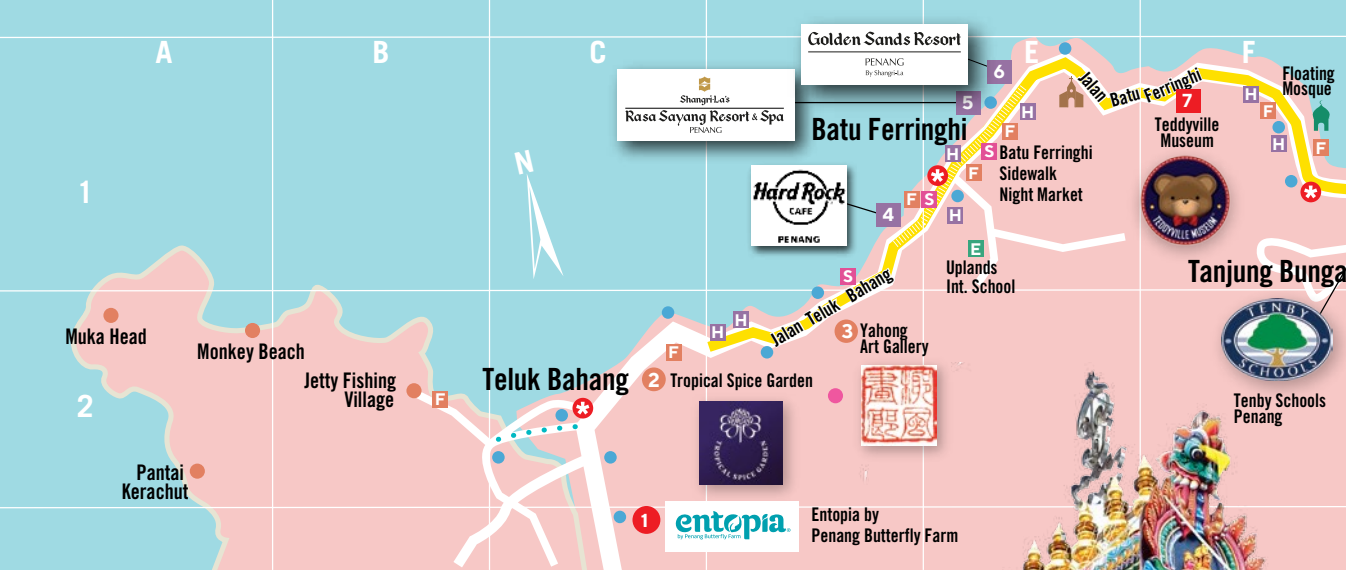
The Baba-Nyonya or Peranakan Chinese are early immigrants from China who have openly adopted local Malay beliefs and practices which led to the creation of a unique culture that is solely their own.



© Photo by Anovia Bridal



Peranakan culture in Malaysia can mainly be found in two places, Penang and Malacca. Peranakan cooking fuses Chinese and Malay elements, harmonising the two on a plate. A hallmark of Nyonya cuisine in Penang is the Nyonya kuih that comes in different colours, flavours and textures. It is a local favourite guaranteed to make you come back for more!



TRAVEL

Going Through the Streets of LITTLE INDIA PENANG

One of the beauties of Malaysia is the diversity of cultures and races it holds. In the inner quarters of Georgetown, Penang, lies Little India. Little India is the pride and heart of the Indian community, filled with colourful shops with goods from India, has Bollywood music blaring from loudspeakers, delicious traditional delicacies lining the streets and the smell of various Indian spices wafting in the air. It's a place full of energy and cannot help but make one feel alive!

Little India is bordered by Beach Street, China Street, Pitt Street and Chulia Street and holds the distinction of being the oldest continuous Indian settlement in the Malay Archipelago. It lies right in the heart of the Georgetown UNESCO World Heritage Site.



There are many things to do in Little India. If you are looking for some convenience goods, do not fret as the 'ottu kedai', which means small Indian sundry shop, sells almost everything imaginable, from newspapers to the simplest necessity like a toothbrush. Walking through the lively streets of Little India, you will also experience first-hand the magic of Indian-infused entertainment, with a wide range of Bollywood music and movies to choose from. If you are looking for souvenirs such as traditional Indian clothing or jewellery, you can find them here too!





MAP-1

- 1 Entopia by Penang Butterfly Farm
- 2 Tropical Spice Garden
- 3 Yahong Art Gallery
- 4 Hard Rock Hotel
- 6 Golden Sands Resort & Adventure Zone
- 5 Shangri-La's Rasa Sayang Resort & Spa

- 7 Teddyville Museum
- 8 Straits Quay - Nasim Carpets - Winter Warmers
- 9 Gurney Plaza
- 10 Gurney Paragon
- 11 Tenby Schools Penang
- 12 Mellowcup Coffee
- 13 The Vape Shop
- 14 Sea Home

- Hop-On Hop-Off Bus Route
- Hop-On Hop-Off Bus Stop
- ▨ Batu Ferringhi Sidewalk Night Market
- ▨ Free shuttle services from Hard Rock Hotel to Straits Quay



One thing you should not miss is the amazing Indian cuisine in Little India! It will not disappoint! Here in Little India, visitors can get the best-tasting samosa or coconut juice at any vendor stalls. Indian eateries can be found along the street and at every corner with the aroma of Penang's best Indian-style cooking dancing in the air. It will be sure to leave you drooling! The delicious Indian curries, mango lassis, roti etc. are things you would not want to miss!



On a side note, there are also fresh flowers for sales. Visitors or devotees would then offer the flowers as offering to the Gods at the Sri Mariamman Temple located on Queen Street, the oldest Hindu temple on the island.

HERITAGE

The Finest Clanhouse outside China

KHOO KONGSI

Built 650 years ago, Khoo Kongsi is one of Georgetown's most interesting sites. Steeped in deep history, it was one of the five 'Goh Tai Seh' (five big clans) that constructed the foundation of the Hokkien community in Penang. A kongsi, also known as a clan house, is a building that is designed by Chinese families of the same surname, where they come together to pay respects to their ancestors.

One of five clan houses still standing in Georgetown, the Khoo Kongsi clan house takes on a remarkable resemblance to a mini clan village. One of the grandest clan houses in Penang, the Khoo Kongsi features tall thin columns supporting a gently sloping, red tiled roof, topped with carvings of dragons, phoenixes, mythical creatures and various scenes from popular Chinese legends. The clan house has a grand hall, embellished with glorious and elaborate wood carvings and lavishly ornate pillars and mother-of-pearl inlay work in the furniture. This family clan house is a stunning building, beautifully restored in its own courtyard which also contains a Chinese opera house. The wood carving is of the highest order and the whole wonderfully preserved. Outside the entry doors there are various stone statues and various decorative wall panels.

Representing a family's social and spiritual commitments between extended relations, ancestors and the outside community, the kongsi acts as a critical means off unification. These days the primary functions of these clan houses are supportive roles. For instance, they provide assistance to the education of members' children, settle feuds and advance loans. Other major Hokkien clan houses that can be found in Penang are the Cheah Kongsi, Yeah Kongsi, Lim Kongsi and Tan Kongsi. Khoo Kongsi can be found on Jalan Aceh, off Lebuhr Pitt. This site needs to be on your "must see" list when visiting Penang.





MAP1-8

Nasim Carpets

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MAP2-28



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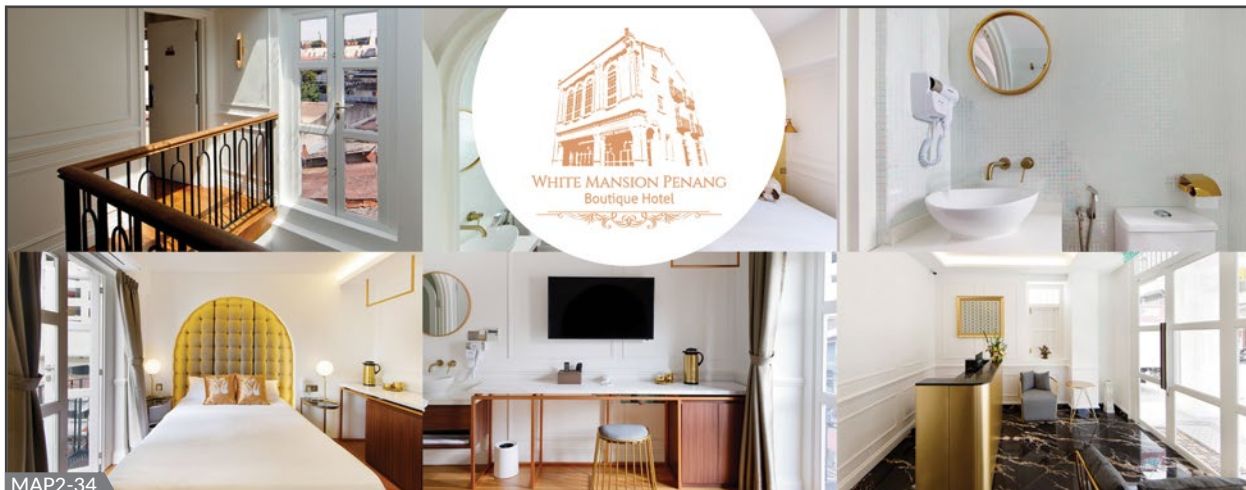
Prawn Curry



Tandoori Chicken



Duck Curry



MAP2-34

WHITE MANSION PENANG
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☎ whitemansion54@gmail.com

☎ facebook.com/WhiteMansionHotelPenang



THE HABITAT ON PENANG HILL

A heaven for nature lovers and one of the most popular attractions in Penang, The Habitat on Penang Hill serves to provide visitors with not only an exciting and eye-opening rainforest experience, but at the same time educate them on the unique traits of rainforests in Malaysia. This is the first of its kind world-class ecotourism in the country! The Habitat on Penang Hill is not just home to various types of flora and fauna, but also is also sanctuary to many insects and animals!

Equipped with stunning facilities, and with an aim set out to preserve and conserve the wonders of nature, its beauty stuns the eyes of the beholder. The Habitat on Penang Hill is more than just a nature walk, it also has plenty of activities available suited for all ages.

There is The Treetop Walk, a 13m highest public viewing platform located on the plateau just above the Mid-Point Rest Area and Museum. It can handle up to 120 people at a time and offers a gorgeous 360-degree view of Penang. On a clear sunny day, the faraway islands of Langkawi can be glimpsed from the distance with Bel Retiro (Mansion of the Penang Governor) in sight too.

The Canopy Walk, an extension to the trees themselves and suspended mid-air, gives visitors the opportunity to fully experience the rainforest experience. There are multiple viewing platforms, spanning around 230m in length and its highest point being at 15m. Visitors can also embark on the spectacular 1.6km long nature trail, with the starting point only a short walk from the Top Station of Penang Hill Funicular Railway. It is a trail that meanders below three of the hill's oldest historic bungalows and provides an insight of the entire habitat.

If you need a breath of fresh air and time away from the hustle bustle of daily life, why not take some time off and come experience the tranquillity of this incredible nature hub? It will not disappoint!





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Golden Sands



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PENANG

Golden Sands Resort

PENANG
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MAP1-6

MAP1-5



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MAP2-29



- | | | |
|-----------------------------------|-------------------------------|---------------------------------|
| 1 Ghee Hiang, Burmah Road | 8 One East Museum | 15 Glass Museum |
| 2 Ghee Hiang, Macalister Road | 9 Wonderfood Museum | 16 Manchu Bar |
| 3 Ghee Hiang, Beach Street | 10 Penang 3D Trick Art Museum | 17 Macallum Connoisseurs Coffee |
| 4 The Whiteaways Arcade | 11 Pg Gold Museum | 18 Coffee on the Table |
| 5 Penang State Museum | 12 Dark Mansion | 19 San Francisco Coffee |
| 6 Penang State Museum - HQ Office | 13 House of Amber | 20 Teels Heritage Cafe |
| 7 Penang State Art Gallery | 14 New World Park | 21 San Francisco Coffee |



- 22 92 Armenian
- 23 Winter Warmer
- 24 Winter Warmer
- 25 The Top
- 26 Harriston Signature
- 27 Harriston Boutique
- 28 Mameediyah

- 29 The Wembly
- 30 Genesis
- 31 LohGuanLye Specialists Centre
- 42 Penang Adventist Hospital
- 33 The Vape Shop
- 34 White Mansion Penang
- 35 Hotel Penaga

- 36 Summer Tree Hotel
- 37 VOUK Hotel Suites
- 38 Penang Medical College

MAP-3

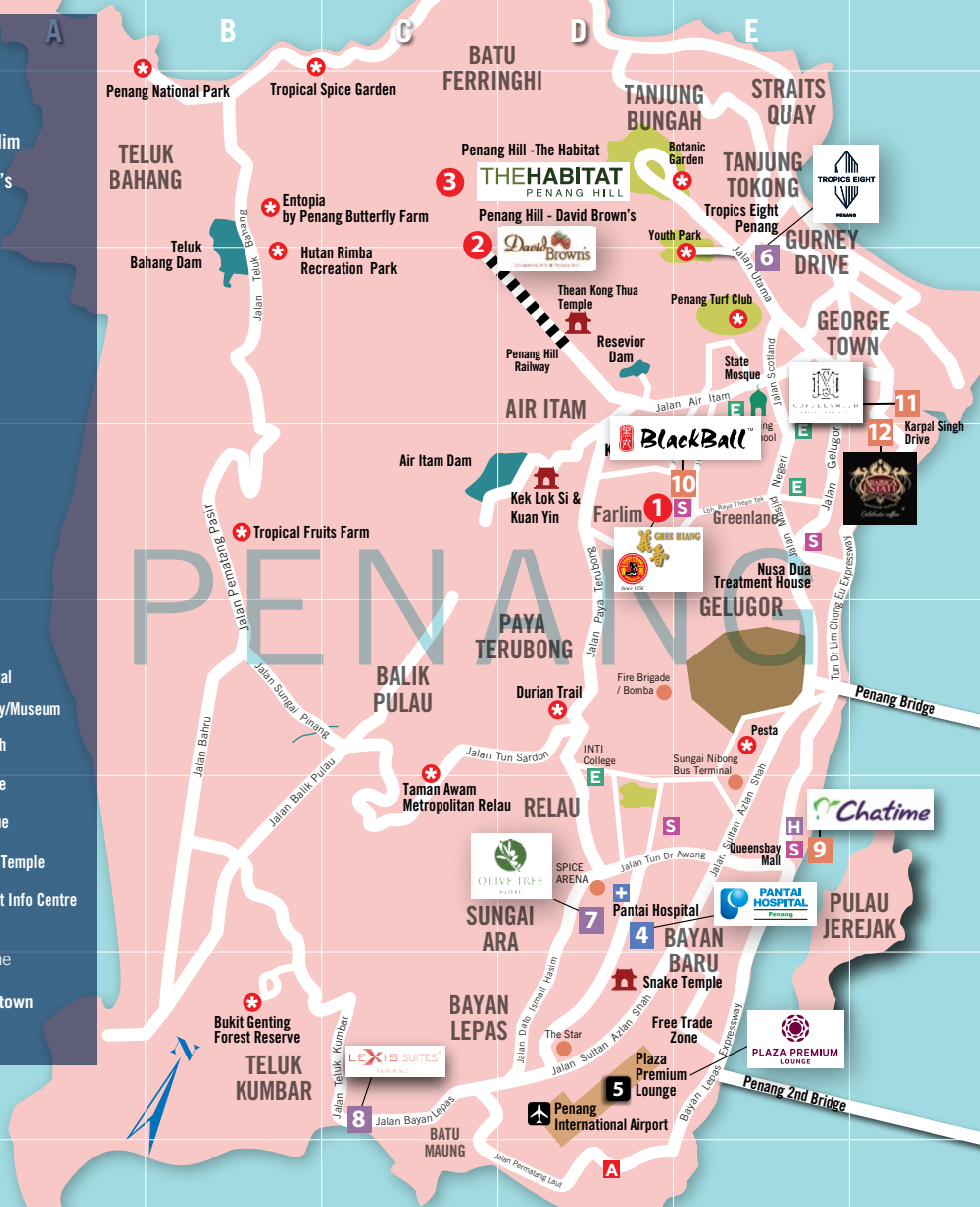
- 1 Ghee Hiang, Sunshine Farlim
- 2 Penang Hill - David Brown's
- 3 Penang Hill - The Habitat
- 4 Pantai Hospital Penang
- 5 Plaza Premium Lounge
- 6 Tropics Eight Penang
- 7 Olive Tree Hotel
- 8 Lexis Suites
- 9 Chatime
- 10 Black Ball
- 11 Coffee Smith
- 12 Arabica Estate

- | | | | |
|---|-------------------|---|---------------------|
|  | Place of Interest |  | Hospital |
|  | Shopping |  | Gallery/Museum |
|  | Food |  | Church |
|  | Hotel |  | Temple |
|  | Leisure |  | Mosque |
|  | Education |  | Hindu Temple |
|  | Bank |  | Tourist Info Centre |

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MAP1-14



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MAP1-4



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ISLAND HOSPITAL FERTILITY CENTRE

Thinking of starting a family but unable to do so through natural means? The Island Hospital Fertility Centre can aid you and your partner in realising your dream with reliable fertility treatments – by deploying the most appropriate Assisted Reproductive Technologies (ART).

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- Intracytoplasmic Sperm Injection (ICSI)
- Egg harvest, egg freezing, egg banking
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- Sperm banking
- Donor programme for egg and sperm
- Donor programme for embryos
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- Preimplantation Genetic Testing for Monogenic Disorders (PGT – M)

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It is a process where an egg is combined with a sperm outside of the body, usually in a lab. It is often the first option if:

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At Island Hospital Fertility Centre, the average age of women undergoing IVF is 38 to 45 years old. With the objective of providing reliable, quality infertility treatments by performing suitable Assisted Reproductive Technology (ART), we have also recorded a significant success rate, with a rate of 40% to 50% for implantation, and a 30% to 40% rate for babies born (as of 2018).

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QUALIFICATIONS
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Fellow of the Royal College of Obstetricians and Gynaecologists, FRCOG (London)
Master of Medicine, MMed (ObGyn) (Malaya)



Dr. Mah Siew Lee 马守利医生

SPECIALTY
Obstetrics and Gynaecology

QUALIFICATIONS
Bachelor of Medicine, Bachelor of Surgery, MBBS (Australia)
Fellow of the Royal College of Obstetricians and Gynaecologists, FRCOG (London)

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MAP2-31

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MAP2-42

PENANG CENTRE OF EDUCATION TOURISM

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14. TAR UC Penang Branch Campus - www.trac.edu.my

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TOURIST INFORMATION

General Enquiries	102
Directory Service	103

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Tourism Malaysia Pulau Pinang
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Tel: +604-261 0058 / 263 4941

Penang Tourism Information Centre
10 (Ground Floor), The Whiteaways
Arcade, Lebuh Pantai, George Town
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Hospital Seberang Jaya	+604-382 7333
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Fire Fly	+603-7845 4543 / +604 630 6665
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Thai Airways	+604-226 6000
United Airlines	+604-263 6020

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Ferry Terminal (Butterworth)	+604-310 2377
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KTM Station (Butterworth)	+604-323 7962
Penang Hill Funicular Train	+604-828 8880 / 8839
Rapid Penang Sdn Bhd	+604-238 1212
ICIS Centre (bus arrival time)	+604-238 1313

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General Post Office	+604-261 9222
Immigration Department	+604-250 3411
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Penang Port Commission	+604-263 3211
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- Hotels
- Hospitals
- Museum & Galleries
- Penang Visitors Centre
- AND MANY MORE

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NETWORK
Where all good things in life meet...

DR. MARY C H QUAH

CHIEF EXECUTIVE OFFICER AND PERSON IN CHARGE
OF LOHGUANLYE SPECIALISTS CENTRE (LSC)

Dr Mary C H Quah, Chief Executive Officer and Person In Charge of LohGuanLye SPECIALISTS CENTRE (LSC), a non-family member managing the family business in a One Big LSC Family way. Dr Quah holds a MBBS from Monash University, Australia. She joined LSC in 1982 as a Medical Officer and since then has been working with three generations of the Loh family, the founder Datuk Dr Loh Guan Lye who was a General Practitioner, the son Mr Kelvin H Y Loh and the grandson Mr Nicholas S W Loh who are both Obstetrician and Gynaecologists. Dr Quah always believes in putting people first, as "It's the people who move an organization". When a leader leads an organization with passion, and always does the right thing for the organization and its people... that is the key success factor. Some of her inspiring phrases to the team include..... "everyone in this organization is important", "the business belongs to you, you take care of the business, we take care of you, the organization grows, you grow".



Dr Quah has been the driving force behind a team of caring, committed and dedicated Management, Doctors, other Medical Professionals and Staff who work very hard towards fulfilling LSC vision, "Your Hospital of Choice" and mission, "Commitment to Customer Service Excellence", and towards making LSC a leader in the healthcare industry.

In addition to medicine she also passionate about music, and formed a LSC pop band, named the LSC Pacemaker in 2002, comprises of doctors and staff to get together and have fun outside work. The band mainly performs in LSC and charity events.



For the benefit of the staff Dr Quah started Koperasi Specialists Pulau Pinang Berhad in 1997, a Cooperative owned and managed by LSC staff. This also gives the staff the opportunity to own a business as well as enjoy the yearly dividend.

Over the years, Dr Quah has been actively involved in numerous community outreach programmes to aid those in need. Her caring nature has definitely made a difference and touched many lives.



Dr Quah's achievement also includes the following:

- Finalist in "1996 Woman Manager Of The Year", organized and managed by Woman At Work Magazine in 1996
- "Manager Of The Year" by the European Business Assembly (EBA) at the International Socrates Awards ceremony in London in 2012
- "Entrepreneur Of The Year - Special Mention" in The Star Outstanding Business Awards (SOBA) in 2012



Dr Quah is also the Chairman of Allied Health Centre of Excellence since June 2017, a non profitable organization with simulation labs committed to develop competent healthcare professionals.

Dr Quah continuously steer LSC to greater heights of excellence. With commitment from Dr Quah and her aspiring team, LSC definitely excels and has grown to become one of the leaders in the healthcare industry providing quality healthcare with the **best in human resource and technology....leading into the future.**

**DO WHAT YOU LOVE,
LOVE WHAT YOU DO,
BE PROUD OF
WHAT YOU DO
AND DO IT YOUR BEST.**



From Aspiration to Reality & Excellence

FACES *in* PENANG



A “People” CEO...
touching lives



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